

Sustainable Living Design Courses at the Triangle Community Garden

Permaculture is a practical design system for sustainable living. It offers an ethical, creative and inspiring response to the global challenges of climate change and peak oil.

Using core principles guided by the interactions observed in natural ecosystems, these courses will help you identify steps for positive change for yourself, your family and your community.

You will learn about:

- Permaculture ethics and design principles
- Design skills
- Permaculture gardening techniques
- How to apply the techniques in designing any system from domestic to commercial
- How to use permaculture in your own life.

Empowerment is the essence of the course.

Tutor: Hannah Thorogood, BSc Environmental Studies, MSc Organic Farming, Dip Perm Design, Member of the Permaculture Council for Europe
Guest tutor: Michael Guerra, lecturer, broadcaster and author of 'The Edible Container Garden'

Two courses:

Introduction to Sustainable Living (Permaculture)

An insightful one weekend course with a choice of dates: either Feb 20/21 or March 20/21

Venue: Nightingale House, Hitchin

Full Sustainable Living Design Course (Permaculture Design)

An inspiring and practical twelve day course over five weekends, from Feb/March to July leading to a certificate in Permaculture Design.

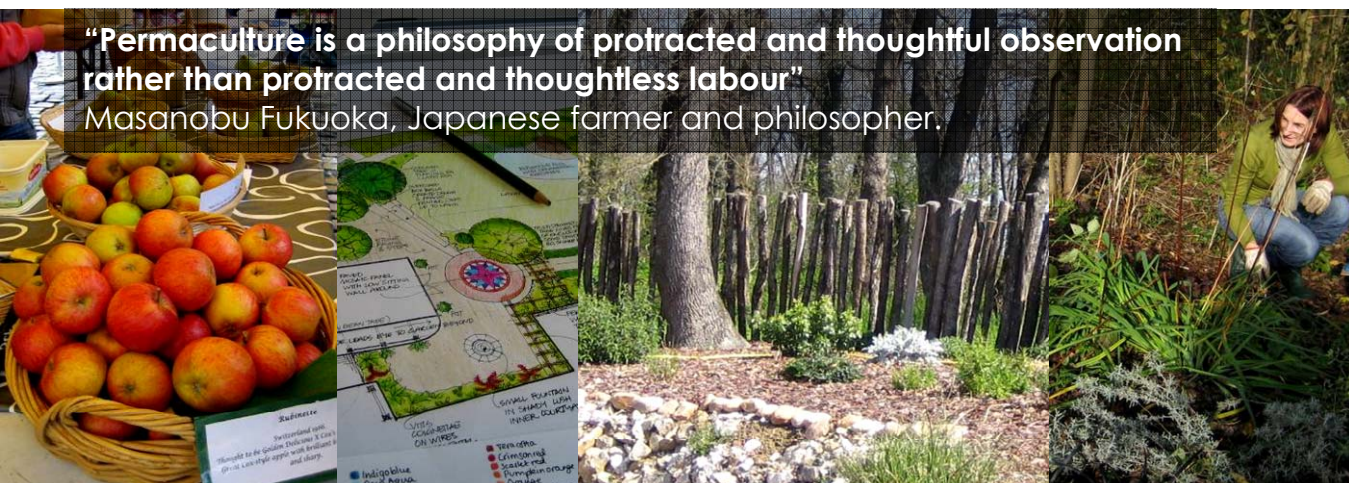
Venues include the Triangle Community Garden Hitchin, Earthworks St Albans, and the Apricot Centre for Sustainable Living, nr Manningtree, Essex.

See over for full details incl. fees.

Do you want to learn how you can leave a lighter footprint on our planet? Help make your community more resilient to change? Develop the practical skills to grow your own food sustainably? Make positive changes to the way you live?

"Permaculture is a philosophy of protracted and thoughtful observation rather than protracted and thoughtless labour"

Masanobu Fukuoka, Japanese farmer and philosopher.



Find out more about dates, venues and costs overleaf. Download a booking form at

www.trianglegarden.org

Sustainable Living Design Courses at the Triangle Community Garden

Introduction to Sustainable Living (Permaculture), a two day course

The introductory weekend course offers an inspiring and empowering insight into the world of permaculture, its ethics and principles, and its application to everyday living.

Venue: Nightingale House Day Centre, College Road, off Ickleford Road, Hitchin SG5

Times: 9.30am-5.30pm. Hot and cold drinks provided. Bring a packed lunch.

Choice of dates:

Option One: Saturday 20 and Sunday 21 February 2010

Ref IP1

Option Two: Saturday 20 and Sunday 21 March 2010

Ref IP2

Course fee as a standalone course: £50/day (£40/day conc*)

or £35/day (£25/day conc*) if booked as Weekend One of the full design course below.

Full Sustainable Living Design Course (Permaculture Design) Ref PD1 or PD2

A twelve day course over five weekends leading to an accredited Certificate in Permaculture Design.

Weekend One: see Introduction to Sustainable Living above, available either Feb 20/21 or March 20/21

Weekend Two: Sat/Sun 17/18 April 2010

at Nightingale House Day Centre, College Road, off Ickleford Road, Hitchin, from 9.30am-5.30pm, hot/cold drinks provided, bring a packed lunch.

Weekend Three: Sat/Sun 15/16 May 2010

at Earthworks St Albans, from 9.30am-5.30pm, hot/cold drinks provided, bring a packed lunch.

Weekend Four (includes Mon 21): Sat/Sun/Mon 19/20/21

June at the Apricot Centre for Sustainable Living, nr Manningtree, Essex. We will be camping on site, please bring own camping stuff. Set up camp Fri evening. Car sharing available from Hitchin.

Weekend Five (includes Mon 19): Sat/Sun/Mon 17/18/19

July at the Triangle Community Garden, Hitchin, from 9.30am-5.30pm each day, hot/cold drinks provided, bring a packed lunch.

Course fees:

Standard rates: £35/day (plus £40 for catering on Weekend 4 at Apricot Centre) = **£460 in total**

Conc. rates*: £25/day (plus £30 for catering on Weekend 4 at Apricot Centre) = **£330 in total**

*Concessionary rates apply to students, unwaged and those on an income of less than £15K per year.

How to pay: Course fees are payable in five staged payments of £92 (£66 concs). First payment due **now**, each subsequent payment due at the start of each module, except the last one. See booking form.

The full design course will include theory and practical skills sessions, and supported space for participants to work on their own design projects.

Learning outcomes:

- To observe patterns in nature and apply what we learn to create guiding principles.
- To use permaculture ethics, principles and design tools to create sustainable systems.
- To understand the importance of caring for the soil and water, and to know the techniques for doing so.
- To start using permaculture in your own life, towards creating a more sustainable lifestyle.
- To understand how to apply permaculture design to both land-based and non-land based systems.

Things to bring with you:

- Note paper
- Pens
- Coloured pencils
- Camping stuff (Weekend 4)
- Packed lunch (except w/e 4)

What previous students said:

"I enjoyed the positivity and enthusiasm on the course"

"Inspirational" "Eye opening"

Please download a booking form from our website www.trianglegarden.org